

Download Classical Turkish Cooking : Traditional Turkish Food For The American Kitchen

A characteristic of traditional Japanese food is the sparing use of red meat, oils and fats, and dairy products. Use of ingredients such as soy sauce, miso, and umeboshi tends to result in dishes with high salt content, though there are low-sodium versions of these available. A kitchen is a room or part of a room used for cooking and food preparation in a dwelling or in a commercial establishment. A modern middle-class residential kitchen is typically equipped with a stove, a sink with hot and cold running water, a refrigerator, and worktops and kitchen cabinets arranged according to a modular design. Ice cream Food historians tell us the history of ice cream begins with ancient flavored ices. The Chinese are generally credited for creating the first ice creams, possibly as early as 3000 BC. Equipment Get 45% Off Our Favorite (Already Affordable) Cuisinart Dutch Oven. An enameled cast iron Dutch oven is an essential for home cooks. Today, our favorite budget pick is on super sale.