

# Download How Healthy Is Your Family Tree

The My Family Health Portrait tool from the U.S. Department of Health & Human Services helps you create a family health history tree and save it to your computer (so you can change it as your ...Don't trace your genealogy back too far, the warning goes, or you might come across a horse thief. Confucius, on the other hand, wrote, "Study the past if you would divine the future." Carol Krause, Emmy Award-winning TV journalist, sides with Confucius. In her book, *How Healthy is your Family Tree* Describes how to obtain the necessary information to construct medical and behavioral family trees, which can provide essential information relating to an individual's physical and emotional health. Making a health history of your family can put your data to a very practical use and keep you and your loved ones healthier. As family history researchers and genealogists, we enjoy finding our factual data about our current family and our ancestors. After all, if our ancestors had not lived