

Download How To Be A Shaman Healer And The Journeys To Get You There

Shamanism is a practice that involves a practitioner reaching altered states of consciousness in order to perceive and interact with what they believe to be a spirit world and channel these transcendental energies into this world. The Shamanic Journey is the ancient method of the shaman that can be used by everyday people for healing, personal growth, and to connect with nature. Author of *Medicine Of One*, Lomakayu is a Soul Dreamer, teacher, and spiritual guide, hosting tours, Shaman healing retreats, healing sessions. Power Animals are the spirit of animals which come to you to lend their wisdom and power for your life and health. Everyone has a power animal, to find yours you can.