

Download Hypothermia: Death By Exposure

Hypothermia usually occurs from exposure to low temperatures, and is frequently complicated by alcohol consumption. Any condition that decreases heat production, increases heat loss, or impairs thermoregulation, however, may contribute. Thus, hypothermia risk factors include: substance abuse (including alcohol abuse), homelessness, any ...The primary aim in the treatment of a hypothermic casualty in the field is to PREVENT FURTHER HEAT LOSS If you always think to this maxim first, then you will generally be doing the right thing. Causes. Hypothermia occurs when your body loses heat faster than it produces it. The most common causes of hypothermia are exposure to cold-weather conditions or cold water. Hypothermia is defined as a core body temperature below 35°C. Along with coagulopathy and acidosis, hypothermia belongs to the lethal triad of trauma victims requiring critical care.