

# Download On Rope: North American Vertical Rope Techniques For Caving ... Rappellers

Abseiling (/ˈæbsaɪl/ or /ˈæpsaɪl/; from German abseilen, 'to rope down'), also known as rappelling (/ˈæpəl/ or /ˈæpsəl/) from French rapeler, 'to recall' or 'to pull through'), is a controlled descent off a vertical drop, such as a rock face, using a rope. My major sections are on Knot Tying, Knot Theory, and Knot Art. But knot lovers will understand that these distinctions are artificial. For example, a good practical knot is both a nugget of hard-won technology and a thing of beauty.